

THE COMMITTEE FOR LORNE

The announcement that came over the past weekend that the Great Ocean Road was at last open (albeit only one lane) between Separation Creek and Wye River was music to the ears of many, but more than anything assisted the Wye locals in another positive step forward following the events of the past ten months. Impacting so many people in so many ways the effects run deep into our local communities.

I was privy to a beautiful story from a senior member from the Lorne School who reported the difficulties that some of their students, and kinder children, were having in their commute from Wye River. With the road being closed the children couldn't be collected from their normal pick up point because of the closures so their day would begin with the with walk over the ridge with fellow students and bus driver Roy Moriarty to the parked bus at Separation Creek.

Once on board, it was full steam into Lorne for the ongoing education and the day's events before returning home and the final hill climb of the day. The story of Roy walking the children from the bus back over the ridge to their families was tastefully akin to a brood of ducklings under the caring eye of their mother. As if leading the volunteers at the Wye River CFA through the events of Christmas 2016 wasn't enough, Roy, with his commitment to community, is admired and respected by all.

As the road finally opened it was good to see the Vic Roads portable and permanent road signs start to at long last carry a positive message – "Great Ocean Road open". In what has been a difficult time for all on the coast one of the learnings that has emerged is the need to positively communicate the messages of the closures that are current. For example the roadside signage delivered a message in two simultaneous separate screens, the first screen saying "Great Ocean Road closed" and the second "Separation Creek to Wye River". Unfortunately in the glimpse of an eye whilst driving, the message that impregnated in one's mind was "Great Ocean Road closed".

The Lorne Business & Tourism Association (LBTA) recently raised these issues, with the support of Committee for Lorne, at last week's Community Impact Advisory Committee (CIAC) meeting hosted by the Shire. The Vic Roads representative was happy to take on board these comments and work closer with our local groups in the future and Matt Taylor from the Shire was instrumental in the positive messaging that emerged last Saturday.

Also great to see the official opening of the Lorne Shell Service Station by Sarah Henderson last Saturday morning and the community involvement as Riordan Fuels unveiled the next chapter of our only local facility, and donated \$1000 of fuel to our local fire brigade. Remember to buy local or risk losing what we have!

Ian Stewart
Ian Stewart
Chairman
Committee for Lorne

AN EXCITING ERA FOR THE Lorne Medical Centre

Over the last 12 months the Lorne Medical Centre (LMC) has embarked on a number of exciting changes, the major change being the practice is now owned and managed by the Lorne Community Hospital.

The medical centre has one clear goal – to provide the best possible healthcare to our local communities.

Lorne Medical Centre aims to provide patients with primary, comprehensive and confidential medical care, in all aspects of family medicine. We make every effort to provide services that reduce the need for travel and develop with the communities changing medical needs and requests.

Did you know that LMC provides the following services?

Optometrist

Lorne Community Hospital in conjunction with Deakin University has commenced providing an optometry service to anyone who wishes to have their eyes checked. This FREE service will run approximately every four weeks throughout the year on a Thursday and Friday. Optometrist consultations can involve eye testing (glaucoma, cataracts), advice regarding medical conditions (diabetes, hypertension), the recommendation of eye exercises and the prescription of glasses or contact lenses (if required).

Psychologist

Our Psychologist attends the Hospital every Wednesday and is available to in-patients and community clients. Psychology services are important in addressing a wide variety of mental health issues and when appropriate psychologists can liaise directly with your treating general practitioner regarding diagnosis and treatment options.

Dietitian/Diabetes Educator

Our Dietician and Diabetes educator assist patients, families or individuals with the management of diet and nutrition, which is so critical to overall health and well-being (especially if you suffer from diabetes or weight management). Dietary advice also forms an integral part of the treatment of most medical conditions.

Family Medicine

The focus of Lorne Medical Centre is patient care and we provide ongoing health care to all members of your family. From time to time our staff may contact you regarding health promotional activities that may be of benefit to your family, e.g. men's & women's health checks, 4 year old health checks, immunisations, etc.

Physiotherapist

Our highly skilled and qualified physiotherapists aim to develop, restore and maintain the movement and functional ability of the body. Not only do they examine, diagnose and treat the immediate problem; they then teach you how to take care of yourself by showing you how to do exercises and how to use your body properly to gain mobility and strength to prevent recurring injury.

Women's Health

The doctors and nurses at Lorne Medical Centre offer Women's health checks, and are dedicated to managing health issues thoroughly in a comfortable confidential setting. Consultations may cover family planning, contraceptive advice, pregnancy care, fertility advice, health screening including pap smears, breast examinations & sexual health screening.

Podiatry

Our podiatrist specialises in the management of feet and related medical disorders. Podiatrists can diagnose and treat a wide variety of conditions of the feet such as bunions, corns, calluses and ingrown toenails. Podiatrists also advise you regarding correct footwear and orthotics.

Audiologist

The audiologist who practises from Lorne Medical Centre provides hearing evaluations for patients of all ages, especially children and the elderly. Audiology testing is commonly part of overall medical reviews, but also may be in relation to acute or chronic hearing loss, or when hearing appears to be affected by other medical conditions.

Gynaecologist

Our local gynaecologist consults at the Lorne Medical Practice on a regular basis. A Gynaecologist is a specialist doctor who cares for women and specialises in pregnancy, childbirth and reproductive health.

Telehealth

Lorne Medical Centre provides support for video consultations with Telehealth Enabled Specialists in other health services, such as Barwon Health. This service not only reduces the need for travel but supports people with chronic conditions to manage their health.

On-line bookings

Over the coming months the medical centre will be offering the convenience of 24 hr booking flexibility- you can book when it suits you online via our website. Online appointments are ideal for booking routine appointments.

Increased hours over summer

The medical centre will increase their opening times/days over the busy summer period. These times will be displayed on our website, face book and via posters on the medical centre's front door.

For any further information about any of our services or to book an appointment, please do not hesitate to contact our friendly reception staff on 5289 4333. Otherwise follow us on Facebook or the Lorne Medical Centre website www.lornemedicalcentre.com.au to keep up to date with our latest news and events.



FOLLOW US ON TWITTER @Committee4Lorne

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JOSH CROSBIE



COMMUNITY PROFILE

At the ripe old age of 30, Josh decided on a tree change and moved his family and Architecture/ Project Management practice from Geelong to Kennett River and then a few years later, to Lorne.

After graduating from Deakin University he says he was fortunate to start his career in Melbourne at the 'pointy end', working long hours on high profile commercial jobs. But after six years or so he realised that the 'hustle and bustle' wasn't the life for him. Besides, he saw it would be impossible to pursue his passion for high end adventures at the same time. These include rock climbing, mountaineering, snowboarding and BASE jumping all around the world. Not to mention mountain biking, hiking and cycling (he enjoys riding for Lorne in the annual Murray to Moyné event - and sponsors it too).

Now, in his smartly renovated Lorne house, his office is his computer. His consultancy provides clients with advice before purchasing property (completing risk assessments and analysing development potential), building design, town planning, procurement and project management. He is involved with the rebuilding of many houses in Wye River and Separation Creek.

Time for Community work? Oh yes. Josh's firm has recently completed the master plan for the Lorne P-12 College, is working on the masterplan for the Lorne Lions Village and is assisting the RSL with a landscaping plan of the Memorial Park. He completed the design for the recent addition to the Wye River Surf Club also. Who said men can't multi task? Josh is also husband to Anna, father to three boys, co-keeper of their dog and rabbit, apiarist to a beehive on their roof (harvesting honey three times a year), member of the Lorne football team (and occasional player) and a keen traveller. He has visited most of the Victorian snow fields already this year.

He is, in his own words, 'ridiculously busy' and yet his disposition is calm, warm and competent. I asked (almost jokingly), was there anything else he still wanted to do. Silly me! "I want to climb my first unguided 8,000m peak in northern Pakistan, to jump the huge cliffs of Norway, learn to play the guitar and to speak Spanish."

Why not, I thought.
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LORNE WARD EVENTS CALENDAR

OCTOBER

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| 15 | GORC Pipster Classic,
A recreation ride along the iconic Great Ocean Road with 300 riders in teams. For details phone: Garry Smith on 0409 408 568. |
| 16 | Model Boat Regatta, 10am to 12.30pm on the Erskine River at Swing Bridge. Sailboats and power boats. Young kids welcome. Sail Boats available. Older "kids" welcome also. |
| 23 | Great Ocean Road Beer and Wine Festival, hosted by the Lorne Hotel. 8 Brewers with the launch of the new Wild Yak and 4 wineries. Daryl Braithwaite playing and supported by Abe Anderson. DJ Reif Hand the local finishing off the night. The ability to taste local beer and wines. Tickets available at lornehotel.oztix.com.au . |
| 23 | Run For The Marsh, 5km and 2km fun run/walk at Frogwood Aboretum. For details: Lucy 0425 771 262 lucyquarterman@yahoo.com.au |
| 29 | Lorne Foreshore Market, local produce, art & craft, books, second hand clothes and yummy treats. Run by Lions Club of Lorne. |
| 29 | Gold Record Show, Dinner & Show at Lorne Country Club, \$50.00. Bookings essential prior to the evening. 5289 1267 |
| 30 | Golf & Tennis Competitions, at Lorne Country Club. Open to all members & visitors. 5289 1267 |
| 30 | One For The Otways, a fundraiser for the Otways at The Lorne Hotel at 7pm. Featuring Nick Barker & The Heartache State, Salmon Guts, Howlin Wind, Mountain Grey and special guest Jeff Lang. Tickets: www.trybooking.com/229035 |
| 31 | Melbourne Cup Calcutta, at Lorne Country Club. Bookings essential. 5289 1267 |

Please forward the dates of your Lorne Ward community event via the contact details at the bottom of this page.